

**Human Performance Major - Check Sheet**  
**Sport Pedagogy**  
**2005-2006 Catalog**

Name: \_\_\_\_\_

The major requires completion of 63 hours.  
 Note: A grade of "C" or higher is required in all the courses listed below.

**Human Performance Core Curriculum: 26 hours**

**HLTH 6 hours**

- |          |                             |                                     |
|----------|-----------------------------|-------------------------------------|
| 304* (3) | completed ____ term planned | Human Wellness and Lifetime Fitness |
| 314 (3)  | completed ____ term planned | Community Health                    |

**HP 20 hours**

- |         |                             |   |
|---------|-----------------------------|---|
| 104 (1) | completed ____ term planned | Introduction to Team Sports                                   |
| 106 (1) | completed ____ term planned | Introduction to Individual Sports and Lifetime Fitness        |
| 110 (3) | completed ____ term planned | Foundations of Physical Education and Sport                   |
| 203 (3) | completed ____ term planned | Psycho-Social Aspects of Physical Activity                    |
| 302 (3) | completed ____ term planned | Organization and Administration in Human Performance Programs |
| 306 (3) | completed ____ term planned | Adapted Physical Activity Programs                            |
| 320 (3) | completed ____ term planned | Motor Development and Behavior                                |
| 325 (3) | completed ____ term planned | Sport Leadership  |

**Concentration in Sport Pedagogy: 37 hours**

**ATHT 3 hours**

- |         |                             |                                 |
|---------|-----------------------------|---------------------------------|
| 101 (3) | completed ____ term planned | Principles of Athletic Training |
|---------|-----------------------------|---------------------------------|

**BIOL 8 hours**

- |         |                             |                                 |
|---------|-----------------------------|---------------------------------|
| 214 (4) | completed ____ term planned | Human Anatomy and Physiology I  |
| 215 (4) | completed ____ term planned | Human Anatomy and Physiology II |

Note: BIOL 214 has a prerequisite of BIOL 101, Principles of Biology.

**HLTH 3 hours**

- |         |                             |                        |
|---------|-----------------------------|------------------------|
| 200 (3) | completed ____ term planned | Nutrition and Exercise |
|---------|-----------------------------|------------------------|

**HP 21 hours**

- |         |                             |   |
|---------|-----------------------------|---|
| 301 (3) | completed ____ term planned | Training and Conditioning for Performance |
| 340 (2) | completed ____ term planned | Theory of Coaching                        |
| 408 (3) | completed ____ term planned | Kinesiology                               |
| 410 (4) | completed ____ term planned | Methods of Sport Instruction/Assessment   |
| 433 (3) | completed ____ term planned | Exercise Physiology                       |
| 471 (6) | completed ____ term planned | Sport Pedagogy Practicum                  |

**two courses chosen from: 2 hours**

- |         |                             |  |
|---------|-----------------------------|--|
| 341 (1) | completed ____ term planned | Techniques of Coaching Baseball/Softball   |
| 342 (1) | completed ____ term planned | Techniques of Coaching Basketball          |
| 343 (1) | completed ____ term planned | Techniques of Coaching Football            |
| 344 (1) | completed ____ term planned | Techniques of Coaching Volleyball/Softball |

\* Course satisfies a core requirement.

The 2005-2006 Catalog supersedes this checksheet.